

Ainslie has worked in the disability and mental health fields for approximately 12 years both in New Zealand and in the UK. Most recently, prior to joining PFRC, Ainslie has worked with young people with disabilities, leaving school, going flatting, developing relationships and moving into adult life. She has managed services, and completed a research project around these areas. This work has led her to undertaking a Masters degree in Social Science, with a particular focus on Circles of Support, friendships and social capital, and community development.

Ainslie is passionate about people, and believes fervently in relationships as a means of building and developing people's lives.