

Recreation Support

Activ8 Auckland

Recreation based activity programmes specifically designed for children and young people with special needs.

Ph: David Curtis on 0800 210 019 or 021 285 3078

P O Box 121 033 Henderson.

dcurtis@activ8.org.nz

Bright Sparks

Offer sport and recreation programmes for children with Aspergers or Autism Spectrum Disorder. Classes available on the North Shore, West Auckland and East Auckland.

Ph: 027 542 0548 (Felicity Roberts)

info@bright-sparks.co.nz

Janet McVeagh Recreation (2005) Ltd

Offers a wide range of programmes and activities for children and young people with disabilities. These include after school programmes, camps, holiday programmes, monthly social opportunities for teens and adults and much more.

Ph: (09) 625 9534

PO Box 13 899 Onehunga.

jmrecreation@ihug.co.nz

Halberg Trust

Halberg Trust provide a Sport Opportunity programme which is to ensure that people with a disability can participate in inclusive sport and active leisure within their community.

Sport Opportunities Advisors:

Counties Manukau

Stacey Roche

P O Box 88-130

Clendon

Manurewa

Ph; (09) 269 0066

staceyr@cmsport.co.nz

Regional Sport Advisor

Jo O'Callaghan

P O Box 11 487 Ellerslie

Ph: (09) 579 9931

jo@halberg.co.nz

Sport Waitakere
Jo Moran
P O Box 300 633 Albany
Ph: 415 4650
jody.moran@sportwaitakere.co.nz

Outward Bound

Outward Bound offers courses for people with different abilities. These courses are a great way to realize your true ability. Although some activities are adapted these courses are still about pushing the limits. If you're going to come on a course you will need to prepare physically and mentally.

PO Box 25 274 Panama St,
Wellington.
Ph: 0800 65 44 22

Parafed Auckland

A positive approach for all health, fitness and well being for all people with physical disabilities. Parafed cater for all types of physical disabilities at all levels.

Ph: (09) 270 2503
PO Box 23 533 Papatoetoe.
paraauckland@xtra.co.nz

Paralympics

Sporting Organisation for people with disabilities. Provide support and encourage sporting opportunities for people with disabilities to participate in all levels, from club level, regional and national competition through to international competition.

Ph: 09 526 0760
568 Great South Rd Greenlane.
info@paralympics.org.nz

PHAB Association (Auckland) Inc.

Encourages people with and without disabilities to come together on equal terms, to achieve complete integration within the wider community.

PO Box 34 101 Birkenhead.
Ph: (09) 418-2677
office@phab.org.nz

Recreate Auckland

Provides holistic programmes that enhance the social, emotional and physical development of youth with disabilities.

PO Box 13 654 Onehunga.
Ph: (09) 634-3474 or 634 3470
recreate-auckland@xtra.co.nz

Sailability

Sailability Auckland provides opportunities for physically disabled young persons and adults to learn to sail. Their aim is to provide people with disabilities the opportunity to sail in safety and to experience adventure and freedom, building mobility self-confidence and pride through achievement.

Ph: (09) 520 7432

sailabilityakld@actrix.co.nz

Special Olympics

Special Olympics is a year round programme of sports training and competition for young people and adults with an Intellectual disability. Athletes can be as young as five and there is no upper age limit.

Ph: (09) 630 8062

Suite 2 Level One

93 Dominion Rd Mt Eden

Spirit of Adventure Trust

Each year the Spirit, through generous sponsorship, is able to take 30 young people with physical disabilities on a five-day voyage. Young people from all over New Zealand are selected by referrals from the school or organisation they come under.

Ph: (09) 373 2060

P O Box 2276

Auckland

info@spiritofadventure.org.nz